

# Eversense CGM — NEXT STEPS



## Incision care for proper healing



- **Do not swim or soak in a tub for five days.**
- Avoid strenuous activities that may pull at the incision or cause a lot of sweating around the insertion area while the incision heals.
- Replace Tegaderm™ if it becomes saturated; otherwise, leave it on over the Steri-Strips™.
- Leave Steri-Strips™ on until they fall off.
- Trim the edges of the Steri-Strips™ if they start to curl; do not remove them when doing so.

## Notify your healthcare provider if:

- Your Steri-Strips™ come off before incision is fully closed.
- You develop a fever or experience pain, redness, swelling, warmth, or drainage at the incision site.

**Note:** If you need to replace your Tegaderm™, take extra care so that the Steri-Strips™ do not get pulled off.

Carefully review the **Benefits and Risks** section of the **Eversense 365 User Guide**.

## DAY 1: GET STARTED

- Read the enclosed **User Guide** and **Quick Reference Guide**.
- Download the Eversense 365 App and pair your transmitter to your mobile device.
- Link your sensor and smart transmitter and begin the 24-hour Warm-up Phase.
- Enter the settings provided by your health care provider.
- Turn off your transmitter — there is no need to wear it until you begin the Initialization Phase.

## DAY 2: INITIALIZATION PHASE BEGINS

- Place your smart transmitter with adhesive over sensor and complete 4 Initialization calibrations, 2 to 12 hours apart.
- After the 2nd successful calibration, you will begin to see your glucose data.

## DAY 3 AND BEYOND: DAILY WEAR

- Daily Calibration Phase begins. Calibrate once daily for 13 days.
- At Day 14 you will calibrate one time per week.
- To share CGM data with your health care provider, follow the steps in the User Guide

## WHO TO CONTACT WITH QUESTIONS

- For concerns regarding your insertion site, contact the healthcare provider who did your procedure.
- For diabetes management questions, contact the healthcare provider who prescribed Eversense.
- For technical questions or help getting started with Eversense, contact **1-844-SENSE4U (736-7348)**.



Eversense CGM onboarding videos are available at: [eversensecgm.com/resources](https://eversensecgm.com/resources)