

Trend Arrows and TREATMENT DECISIONS



The **trend arrow** on your **My Glucose** home screen provides important information that can impact your diabetes management. This chart explains each trend arrow and shows examples of how the information might be used in making treatment decisions.¹

What you see	What it means	What you might consider
	Glucose is rising very rapidly, increasing more than 3 mg/dl per minute.	Could be more than 90 mg/dL higher in 30 minutes.
	Glucose is rising rapidly, increasing between 2-3 mg/dl per minute.	Could be 60-90 mg/dL higher in 30 minutes.
	Glucose is rising moderately, increasing between 1-2 mg/dl per minute.	Could be 30-60 mg/dL higher in 30 minutes.
	Glucose is stable, changing less than 1 mg/dl per minute.	Could be 0-30 mg/dL higher or lower in 30 minutes.
	Glucose is falling moderately, decreasing between 1-2 mg/dl per minute.	Could be 30-60 mg/dL lower in 30 minutes.
	Glucose is falling rapidly, decreasing between 2-3 mg/dl per minute.	Could be 60-90 mg/dL lower in 30 minutes.
	Glucose is falling very rapidly, decreasing more than 3 mg/dl per minute.	Could be more than 90 mg/dL lower in 30 minutes.

Putting it All Together

Everyone's diabetes is different.

The examples in these charts are general suggestions. **Be sure to review this information with your healthcare provider before making treatment decisions with your CGM system data.**

The method used¹ in these examples is one of the various ways trend arrows can be interpreted to help in making treatment decisions.

App Screen	Possible Meanings
	Glucose is below target range, and rising moderately. Based on the chart above, this means that your glucose could increase to 95 - 125 mg/dL within 30 minutes.
	Glucose is in the normal range, however, dropping rapidly. Based on the chart above, this means that your glucose could fall to 40 mg/dL or lower within 30 minutes.
	Glucose is currently within range and is stable. Based on the chart above, this means that your glucose would remain around 109 mg/dL within 30 minutes.

IMPORTANT: Do not make a treatment decision from your Eversense 365 CGM System if any of the following occur: your symptoms do not match your sensor glucose value, no glucose value is displayed, no trend arrow is displayed, "Use BG Meter for Treatment Decisions" appears on the status bar of your My Glucose Home Screen, or you are currently taking a medication of the tetracycline class.

Reference: 1. Method based on: Pettus J, Edelman S.V. Recommendations for using Real-Time Continuous Glucose Monitoring (rtCGM) Data for Insulin Adjustments in Type 1 Diabetes. Journal of Diabetes Science and Technology. 2017;11:138-147.